

# Pregnancy

Understanding the role of pregnancy in human reproduction

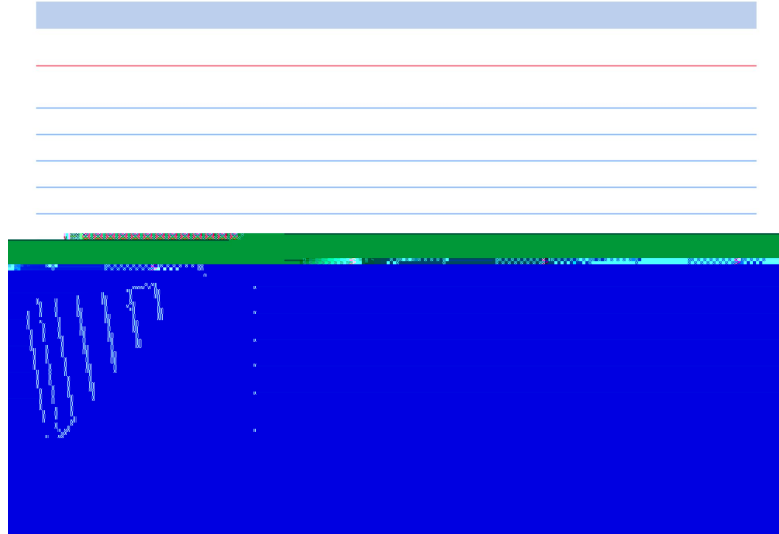


Keep it confidential and anonymous. Do not write your name on the card.

What Do We Already Know and What Do We Want to Learn?

Side 1 List what you already know about how babies are made and the stages of human pregnancy.

Side 2 Write any questions you have about how babies are made and the stages of human pregnancy.



# Essential Questions



How does pregnancy happen?

What are the stages of human pregnancy?



# Learning Intentions



# Teaching Agreement

It's important to know that. . .

1. I am a mandated reporter, which means I'm required to report suspected abuse or neglect.
2. We will be examining sexual health through research, evidence, and scientific facts.
3. We will be learning and using accurate scientific terms for systems, processes, and anatomy that comes directly from the California Health Standards for 7th and 8th grade.
4. We will not be discussing our personal values or opinions about any of the topics.
5. We will ensure a safe environment that is inclusive for all students
6. We will focus on questions that relate to the science we are learning and encourage you to talk to your parent/guardian at home about your values and opinions when it comes to making choices.



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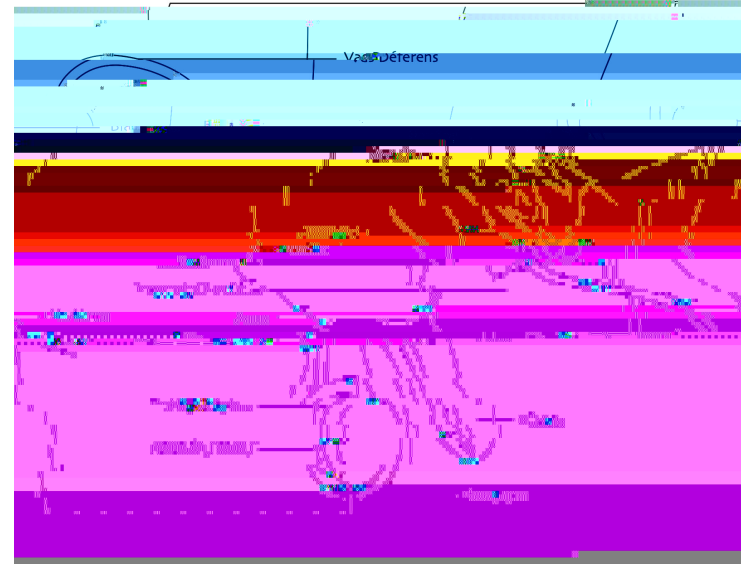
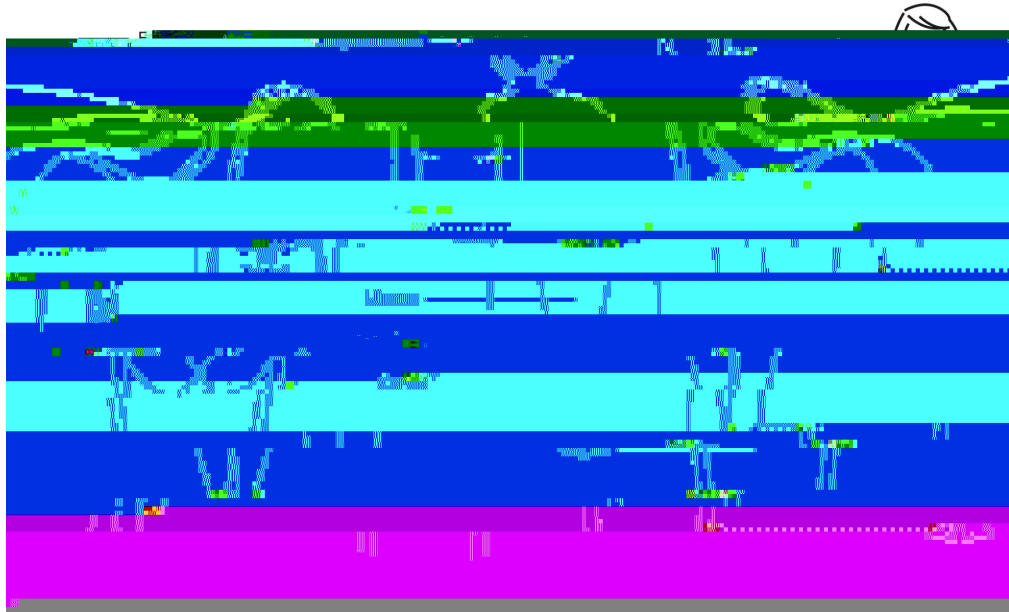
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# What do you know about how the reproductive system works?



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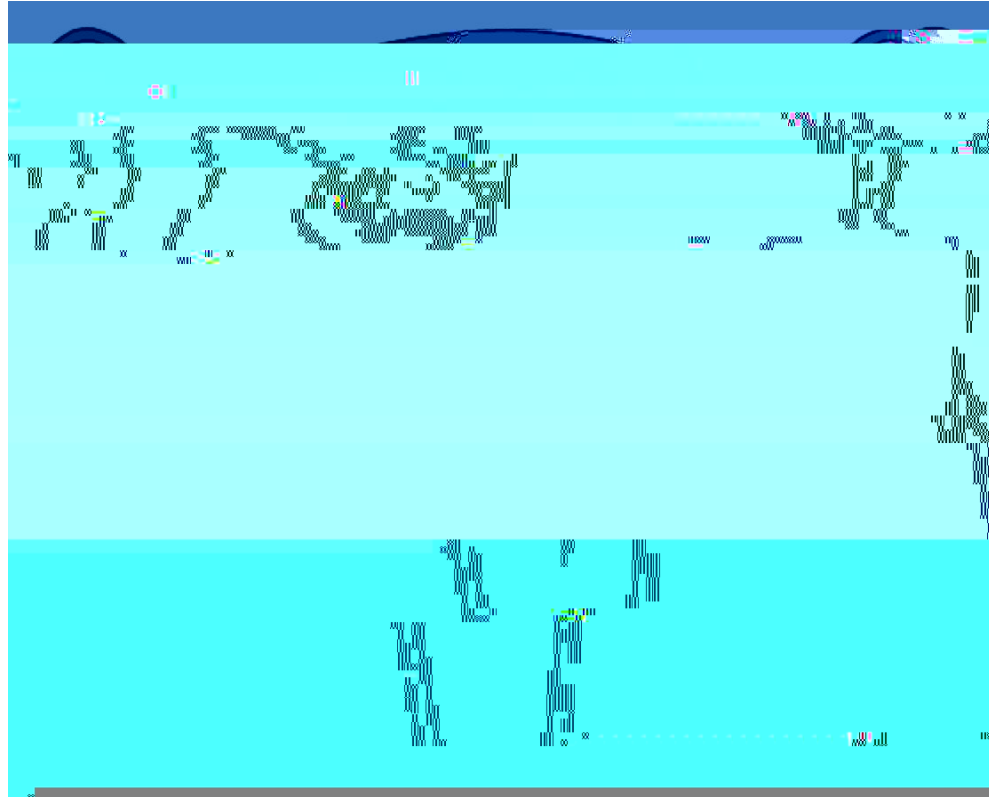




# Fertilization

Then an egg from a female and a sperm from a male join

A man and woman have sexual intercourse and sperm is released in or near the vagina.



# Implantation




The sperm and egg unite in one of the fallopian tubes to form a zygote.

Next, the zygote travels down the fallopian tube.

# How Twins are Made: Identical and Fraternal Twins





How does pregnancy happen?

Answer this question using the charts in your workbook and what you learned in the video



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# Know Your Terms: Pregnancy



Fetus







The brain develops a lot.

The fetus grows eyelashes and eyebrows, can open the eyes, and looks more like a human baby.

The fetus' ability to hear develops around week 18.

Some effects on the mother:

Around week 16 to 20, she will start visibly appearing pregnant.

Develops backaches as her womb gets heavier.

Headaches and stomachaches are common.

Breasts may start to leak a little pre-milk.









# How to find out if you are pregnant, and how to stay healthy

If sexually active, the following signs can indicate a pregnancy:

Missing a period

Breast tenderness

Nausea and sickness, especially in the morning

Tiredness

To know for sure, a woman can take a pregnancy test bought at the pharmacist or drug store or she can do a test at the doctor's office.

If you need resources or support for your sexual health...

Talk to a parent/guardian or other trusted adult

Call 2-1-1

Visit [211sandiego.org](http://211sandiego.org)





If you are pregnant



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## Exit Slip

### 3-2-1 Reflection

Write 3 new things you learned in this lesson.

Write 2 questions you still have about pregnancy.

Write 1 wish you have for a safe and healthy future.

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