



Did You
Know?
Fun Facts
About the
Human
Body

The human mouth produces about 4 cups of saliva each day.

The human body has a total of 79 organs.

Human teeth are as strong as shark teeth.

Babies don't actually shed tears until they are about 1-month old.

The human brain weighs about 3 pounds and is about the size of two clenched fists.

Human beings are the only species known to blush.

Your skin is the largest organ in your body.

Your heart is about the size of two hands clasped together.

Essential Questions



What are parts of the human reproductive system?
How can I keep my reproductive system healthy?

If you need resources or support for your sexual health...

Talk to a parent/guardian or other trusted adult
Call 2-1-1
Visit 211sandiego.org

Learning Intentions



Teaching Agreement

It's important to know that. . .

1. I am a mandated reporter, which means I'm required to report suspected abuse or neglect.
2. We will be examining sexual health through research, evidence, and scientific facts.
3. We will be learning and using accurate scientific terms for systems, processes, and anatomy that comes directly from the California Health Standards for 7th and 8th grade.
4. We will not be discussing our personal values or opinions about any of the topics.
5. We will ensure a safe environment that is inclusive for all students
6. We will focus on questions that relate to the science we are learning and encourage you to talk to your parent/guardian at home about your values and opinions when it comes to making choices.



Think of some time you were afraid or



Questions
to
Discuss

Why is it important to learn about the
Human Reproductive System?

One Body, Many Systems

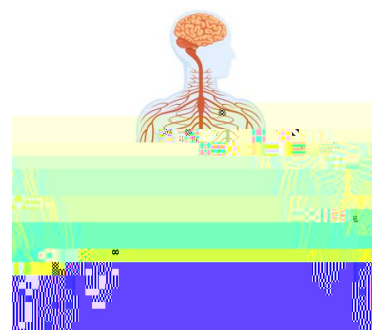
The Reproductive System allows humans to reproduce and give birth to children. It is one of many important systems in your body that help you live a healthy life.

Gca Y'ch\Yf\Yl Ua d`YgicZgmg\Ya g]b'nci f`VcXm]bWl XY.

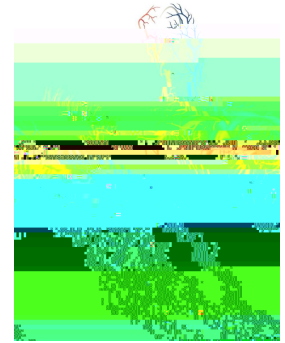
Your Respiratory System: Delivers oxygen to the cells in your body and removes waste gases



Your Nervous System: Helps send messages between your body and your brain



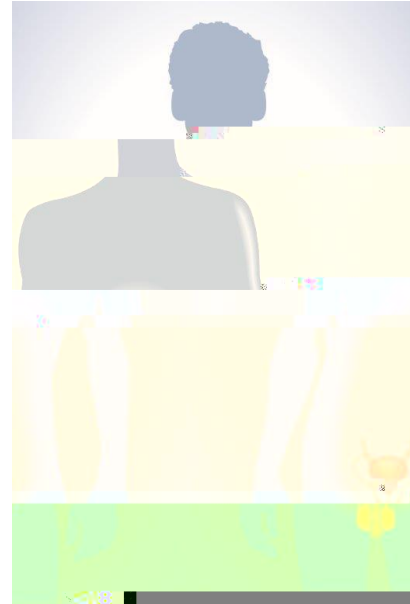
Your Circulatory System: Pumps blood from your heart to your lungs to get oxygen



Overview of the Human Reproductive System

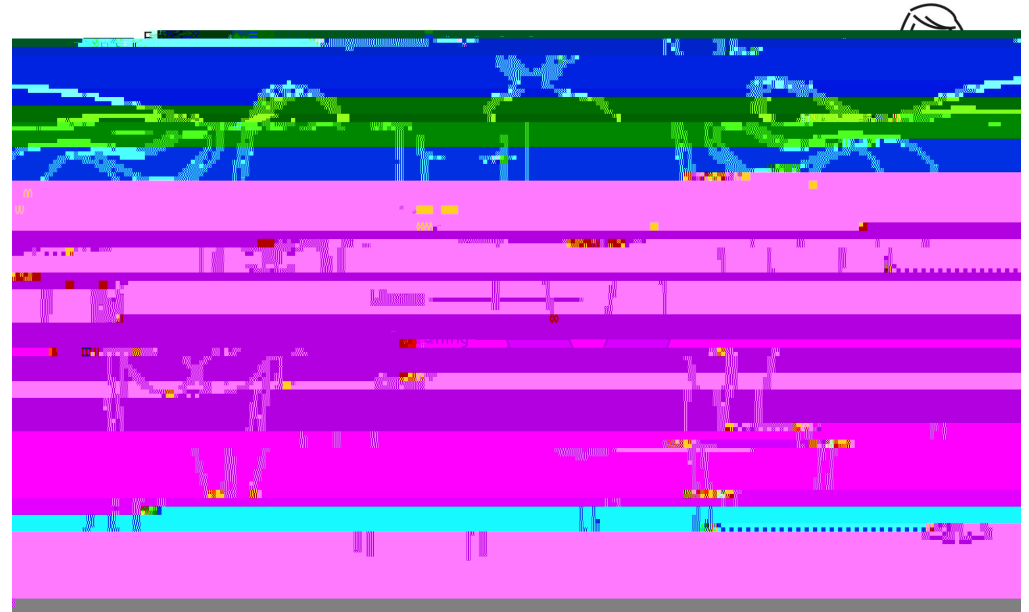
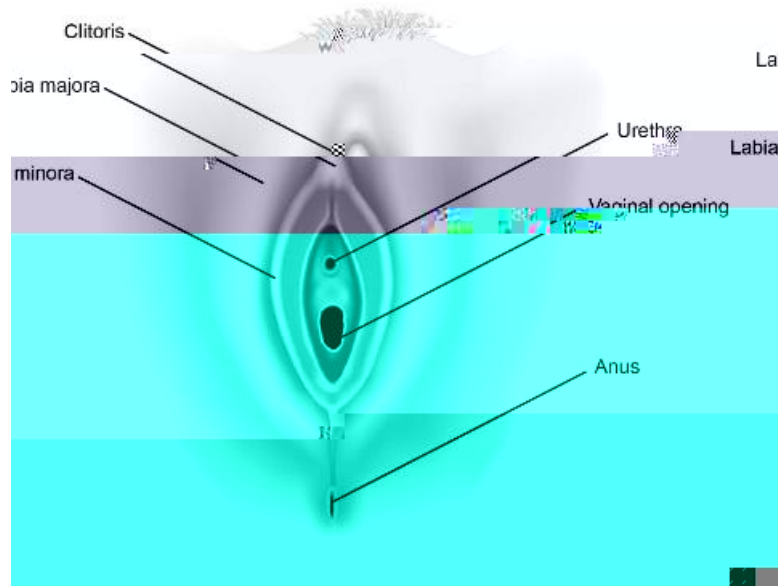
Some parts of the reproductive system are internal and some parts are external.

Use the diagrams for male and female anatomy to label what you already know.

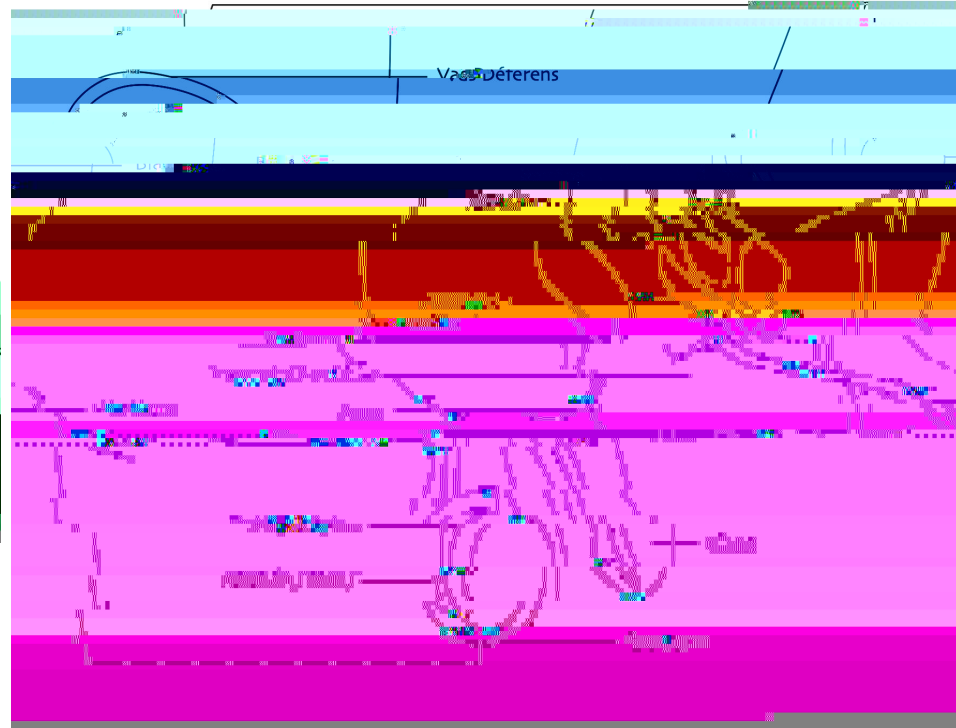




Female Reproductive Anatomy



Male Reproductive Anatomy

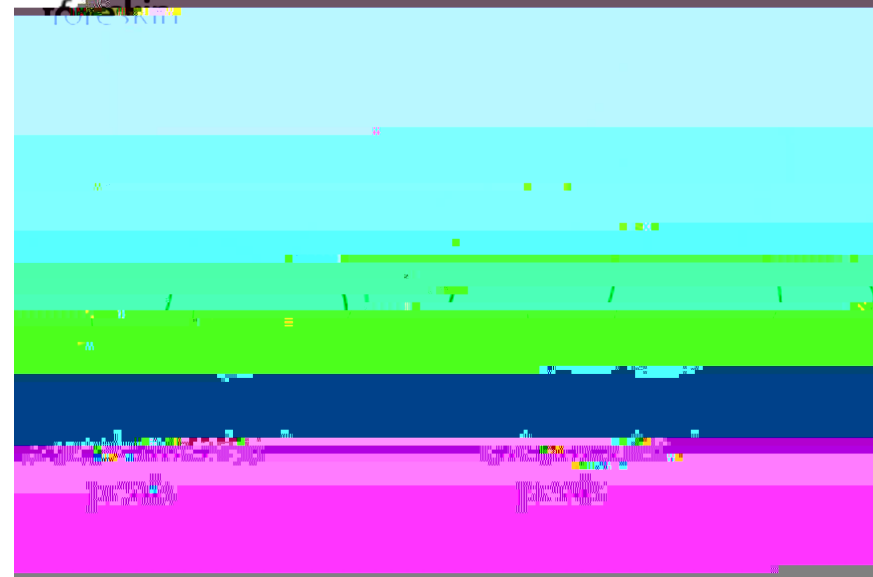


Male Reproductive Anatomy

Some penises are circumcised and others are uncircumcised.

It is OK to be circumcised or uncircumcised even though they look different.

Circumcision is the removal of the foreskin from a baby's penis.



How Can I Keep my Reproductive System Healthy?



Ways to
Keep Your
Reproductive
System
Healthy

Eat a nutritious, balanced diet

Drink plenty of water

Get regular exercise

Get enough sleep

Avoid using tobacco, alcohol, or
other drugs

Manage stress in healthy ways

Take regular showers or baths to

k

Exit Slip





Exit Slip

What are a few things you know about how the parts of the human reproductive system work?

At Home Connection





At Home

With a parent/guardian or other trusted adult:

Share the most surprising/interesting thing you learned about your body and/or about human reproduction.

Teach what you learned using your diagrams and notes.

Ask for ideas on making healthy choices and taking care of your body.

Sources



[Healthline: The Human Body](#)

[15 Facts About The Human Body! - National Geographic Kids](#)

[Reproductive System - BrainPOP](#)

[Cleveland Clinic: Vagina: Anatomy, Function, Conditions & What's Normal](#)

[Cleveland Clinic: Male Reproductive System: Structure & Function](#)

