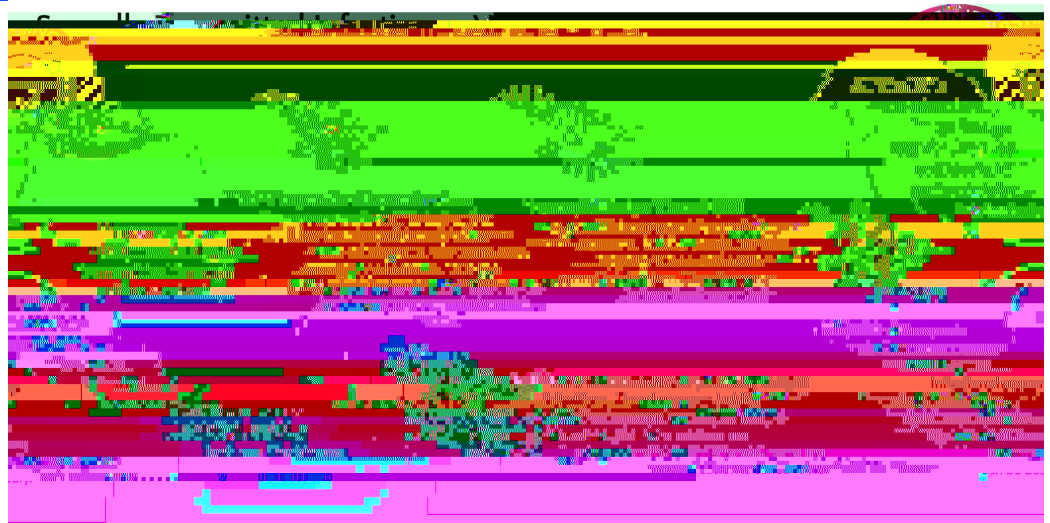


Preventing Sexually Transmitted Infections

I bXYfghUbX]b[\ck 'hc'a U_Y\YU'h\mW\c]Wg'hc'dfYj Ybh'GH=g



What do you know about STIs?



Essential Questions



K \Uh'UfY'h\Y'a cghVca a cb'g][bg'UbX'gma dhca g'cZ'gYl i U`mi
hfUbga]hYX]bZYVh]cbg3
< ck 'Wb'≡dfYj Ybh[Yh]b['U'gYl i U`m'hfUbga]hYX]bZYVh]cb3'



Learning Intentions



=\Wb fYVt [b]nY'h\Y'dcgg[V`Y'g][bg'UbX'gna dhca g'cZgYl i U`mi
hfUbga]hYX]bZYVh]cbg"

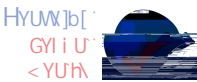
=\Wb]XYbh]Zmj Uf]ci ga Yh\cXgZcf'dfYj Ybh]b['gYl i U`mhfUbga]hYX'
]bZYVh]cbg"



Teaching Agreement

It's important to know that...

1. I am a mandated reporter, which means I'm required to report suspected abuse or neglect.
- &" K Y'k]` VY YI Ua]b]b['gYI i U` \YU'h\ 'h\ fci [\ 'fYgYUfWžYj]XYbWžUbX'gWYbh] WZUM'g'
- ' " K Y'k]` VY`YUfb]b['UbX'i g]b['UWVfU'h'gWYbh] W'hYfa gZcf'gmg'hYa gždfcWggYgžUbX'



Possible



A person who is, is or considering being sexually active should...

• Get tested for STIs

• Use protection

• Get vaccinated

• Talk to a parent/guardian or other trusted adult

• Get resources or support for your sexual health

• Talk to a parent/guardian, or other trusted adult

If you are sexually active, and think you might have a STI, get resources or support for your sexual health...

Talk to a parent/guardian, or other trusted adult

Call 2-1-1

Visit 211sandiego.org



1. Abstinence

5 Vgh]bYbW Zfca U`gYI i U'UMj]]m]g'the
most effective way hc'dfYj Ybh[Yh]b['U'GH="'
A cghicZh\ YgY]bZYV]cbg'UfY'hfUbgga]rhYX'
h\ fci [\ gYI i U'VcbhUM" Z'hk c'dYcd`Y'Xcbfhi
\Uj Y'gYI zh\ YfY]g`]h'Y'f]g_ cZVcbhfUM]b['Ub'
GH="

5 bncbY WUb'dfUM]W'UVgh]bYbW'Uh'Ubmih]a Y'''
Mci WUb VYVca Y'UVgh]bYbhYj Yb]Zmci j Y'\UX'
gYI]b'h\Y'dUgh'



Use a Condom if you are Having Sex

7 cbXca gWlb'cb`midfYj Ybh'hfUbga]gg]cb'cZ'Ub'GH=]Z'
h\YmUfY'i gYX Vt'ffYV'm'i' < YfY'UfY'gca Y'k Uhg'hc'a U_Y'
gi fY Vt'cbXca g'Xc k \Uh'h\YmUfY'gi ddcgYX'hc"



YES

- Use a condom every time you have sex
- Put on a condom before having sex
- Read the package and check the expiration date
- Make sure there are no tears or defects.
- Store condoms in a cool, dry place

BC "

- DON'T g'hc'fY Vt'cbXca g]b'nci f'k U`Yh'zUg\YUh'UbX'
- Zf]Vt]cb Wlb'XUa U[Y'h'Ya
- DON'T i g'Y'c]!VUgYX'dfcXi Vt'g`_YVU'Vmc]ž'ch]cbž
- dYh'f'c'Yi a 'Y'nž'cf Vt'c_]b['c] VYVWi gY'h'Ymk]''
- VWi gY'h'Y Vt'cbXca 'hc V'fYU_
- DON'T i g'Y'a cfY'h'Ub'cbY Vt'cbXca 'Uh'U'h]a Y
- DON'T fYi g'Y'UVt'cbXca



3. Limit the Number of People You Have Sex With

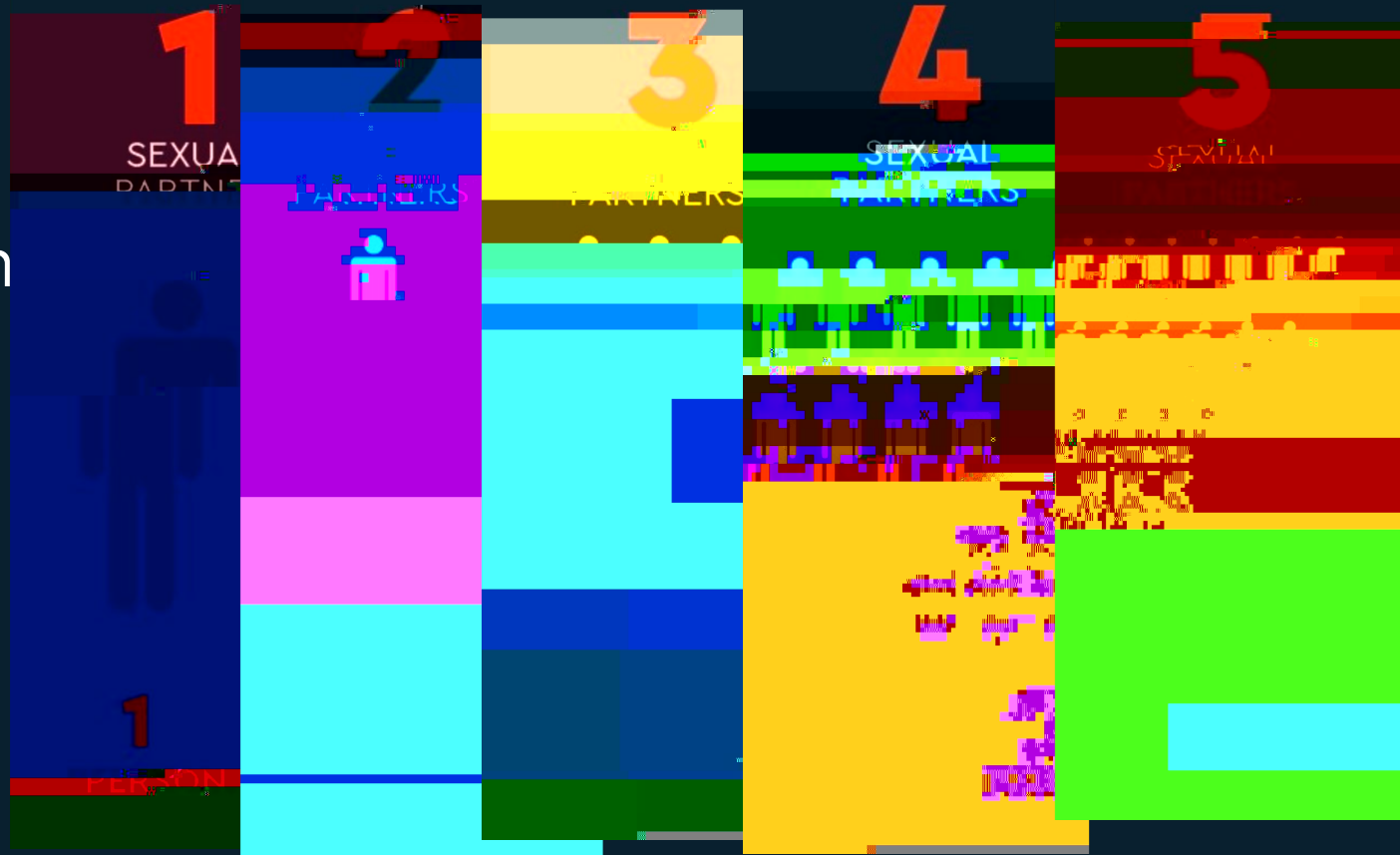
5 [fYY'hc'cb`m\Uj Y'gYl 'k \]'Y]b'U'
committed relationship'k]h'cbY'
dYfgcb'k \c'U[fYYg'hc'cb`m\Uj Y'gYl 'k]h'
nci "

Talk with your sexual partner(s) 'UWci
GH=g'UbX \ck 'nci 'k Ubh'hc' _YYd'YUW'
ch\Yf'gUZy'VYZcfY \Uj]b['gYl "



3. Limit the Number of People You Have Sex With

Mathematical models show that the number of people you have sex with is a key factor in determining the risk of HIV infection.



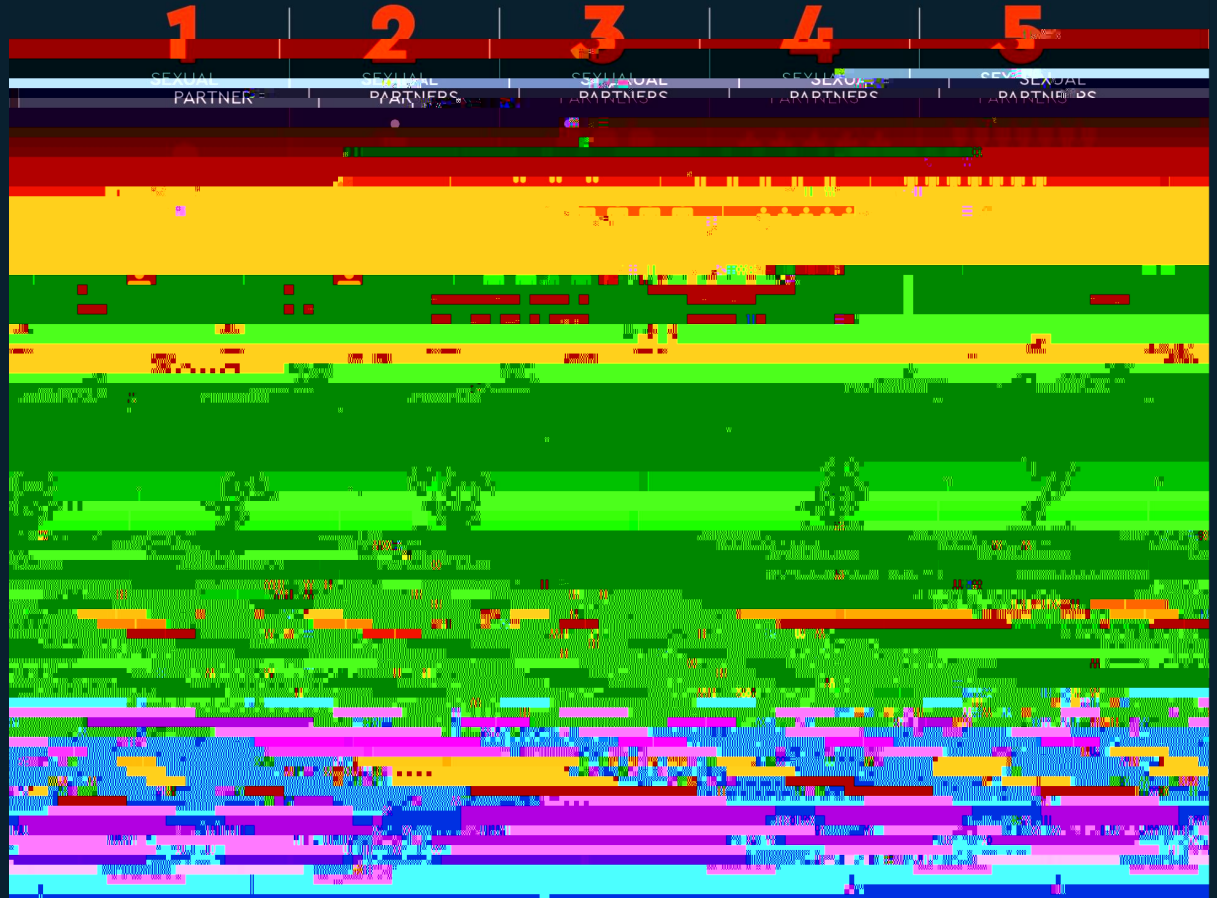
(If every person has the same number of partners as you do)

3. Limit the Number of People You Have Sex With

Mti f'f]g_cZ[Yhh]b['Ub'
GH=]bV7YUgYgk]h\ h\Y'

3. Limit the Number of People You Have Sex With

Mathematical models show that limiting the number of sexual partners can significantly reduce the spread of sexually transmitted infections (STIs). This is because each person has a limited number of contacts, and reducing the number of contacts reduces the overall transmission rate.



(If every person has the same number of partners as you do)



How can I prevent getting a sexually transmitted infection?

8 YgW7]VY 'Ug'a UbmXYhU]`g'Ug'
nci 'Wb'UVci hik \Uhnci j Y'
'YUfbYX'UVci hdfYj Ybh]b['
GH=g

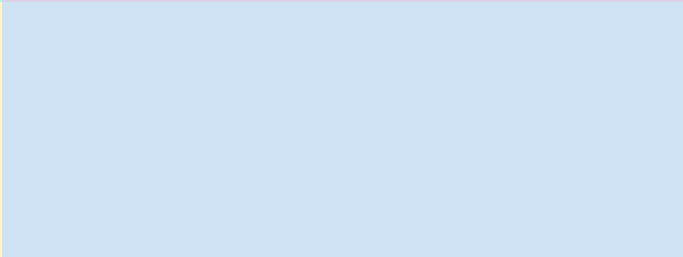
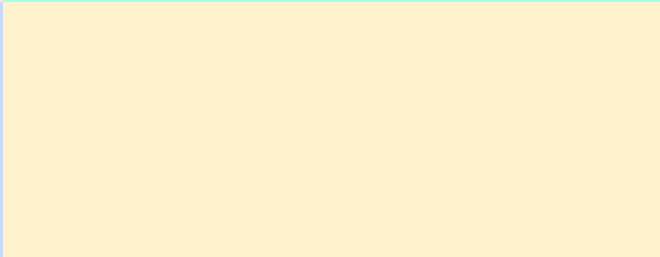
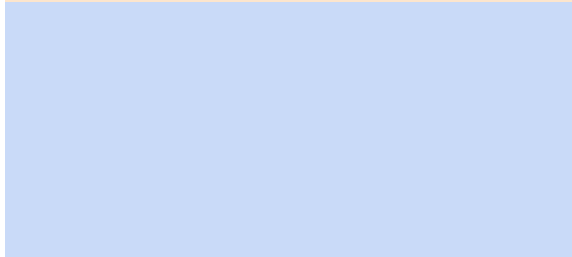


Best Communication Practices for Not Getting a STI

It's OK to say no to sex

HU_k Jh'nci f'dUFYbh#i UfX]Ub UWci h'h\Yf'
Yl dYVWUjcbgk \Yb]hVta Yg'hc'nci f'gYl i U'
\YU'h UbX'cdh]cbgZcf'UVgh]bYbWzUbX'
ch\Yf'k Uhg'hc'dfYj YbhiGH=g

K U]hi bh]'nci 'UFY]'b'UVta a]hYX'



Tips for Saying No to Sex



H\]b_UVci hik \Uhimci 'k UbhžUbX'h\Yb VY Včb XYbhUMci h]h"

GUm BC 'cf' Ghcd ' ' BC]gUVča d`YhY'gYbhYbW"Mt i 'Xcb h\Uj Y'
hc'gUmUbnt\]b[Y`gY"

6Y VWUF'UbX'X]fYV" @cc_ h\Ya]b h\Y YmYg'UbX'i gY'U'gYf]ci gj c]W"

Mt i WUb'hY` h\Ya 'mci fYU`m]_Yžcf Yj Yb`cj Y'h\Ya žVi hmc i fY'bchi
fYUXmžcf'gYI "

7ca a i b]VhY'k]h\ 'mci f'dUfhbYf'ch\Yf'cdh]cbg'Zcf]bh]a UW"

≠hgC? 'hc V\Ub[Y'mci f'a]bX'UbX'gUm BC 'cf' GHC D 'Uh'Ubmh]a Y"







At Home

G\UfY'mci f'Yl]hg`d'k]h\ 'mci f'dUfYbh#[i UfX]Ub'cf'ch\Yf'hfi ghYX`
UXi `h'Ug'U'k Umhc VY[]b'UWc'bj YfgU]cb'UVci hdfYj Ybh]b['GH=g'''

